The Journey from Diagnosis to Recovery:

A Tale of Resilience and Support

In 2020 an emergency room visit revealed a life-altering diagnosis of Diabetic Ketoacidosis (DKA), a serious condition that occurs when the body produces high levels of blood acids called ketones. It was a shocking revelation, especially for someone who had never been diagnosed with diabetes.

The road to recovery was not easy. It involved a five-day hospital stay, a series of medical interventions, and the overwhelming reality of facing a chronic illness. However, it was also a journey of hope and transformation.

AND THE WAKE-UP CALL I NEEDED!

With unwavering support from God, my husband, and a determined spirit, I embraced major lifestyle changes that led to a remarkable turnaround in my health.

The diligent efforts paid off within three months as the A1C levels, a measure of blood sugar over time, dramatically dropped from 10.4 to an impressive 5.4. This incredible improvement led to a reevaluation of the diabetes diagnosis, and eventually, all medications were stopped.

This story is a testament to the power of support, the strength of the human spirit, and the possibility of reclaiming one's health against the odds. It's a reminder that even in the face of unexpected challenges, positive outcomes can be achieved through dedication, love, and the courage to make necessary changes.